



Faculty of  
Movement, Sports  
and Health Sciences

# VOICE OF PROFESSION

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9<sup>th</sup> INTERNATIONAL CONFERENCE

“ANTHROPOLOGICAL AND TEO-ANTHROPOLOGICAL VIEWS ON PHYSICAL  
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**MANKIND**

**THEORETICAL  
ANALYSIS**

**PHYSICAL  
EXERCISE**

**CONTEMPORARY  
STUDIES**

**PANDEMIC(S)**

THEORETICAL CONCEPT	MAIN IDEA	PERIOD
Biocentrism	<i>Return to the nature</i>	15 <sup>th</sup> – 18 <sup>th</sup>
Ethnocentrism	<i>Strong nation</i>	19 <sup>th</sup>
Egocentrism	<i>Individualism</i>	Late 18 <sup>th</sup> early 19 <sup>th</sup>
Anthropocentrism	<i>Health and happiness</i>	Second half 20 <sup>th</sup>
Theoanthropocentrism	<i>Unity of body and soul</i>	End of 20 <sup>th</sup> – early 21 <sup>st</sup>
Physical exercise		
Personality		

# PHYSICAL CULTURE

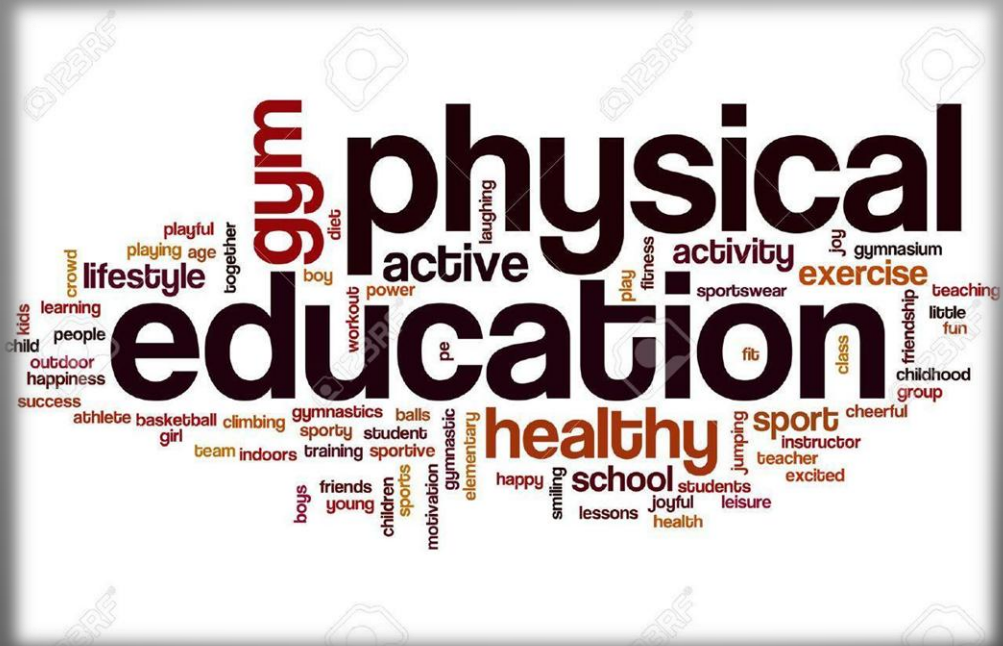
Physical Education

Sports

Physical Recreation

# Physical Education

- ▶ If we must choose....
- ▶ All range of benefits: *physical, physiological, psychological, social, etc...*
- ▶ Unlike any other subject



# PHYSICAL CULTURE

<i>Elements</i>	<i>Physical Education</i>		
Purpose	education		
Target group	school age		
Main goal	basic elements		
Effects	developmental		
Basic activity	Physical exercise		

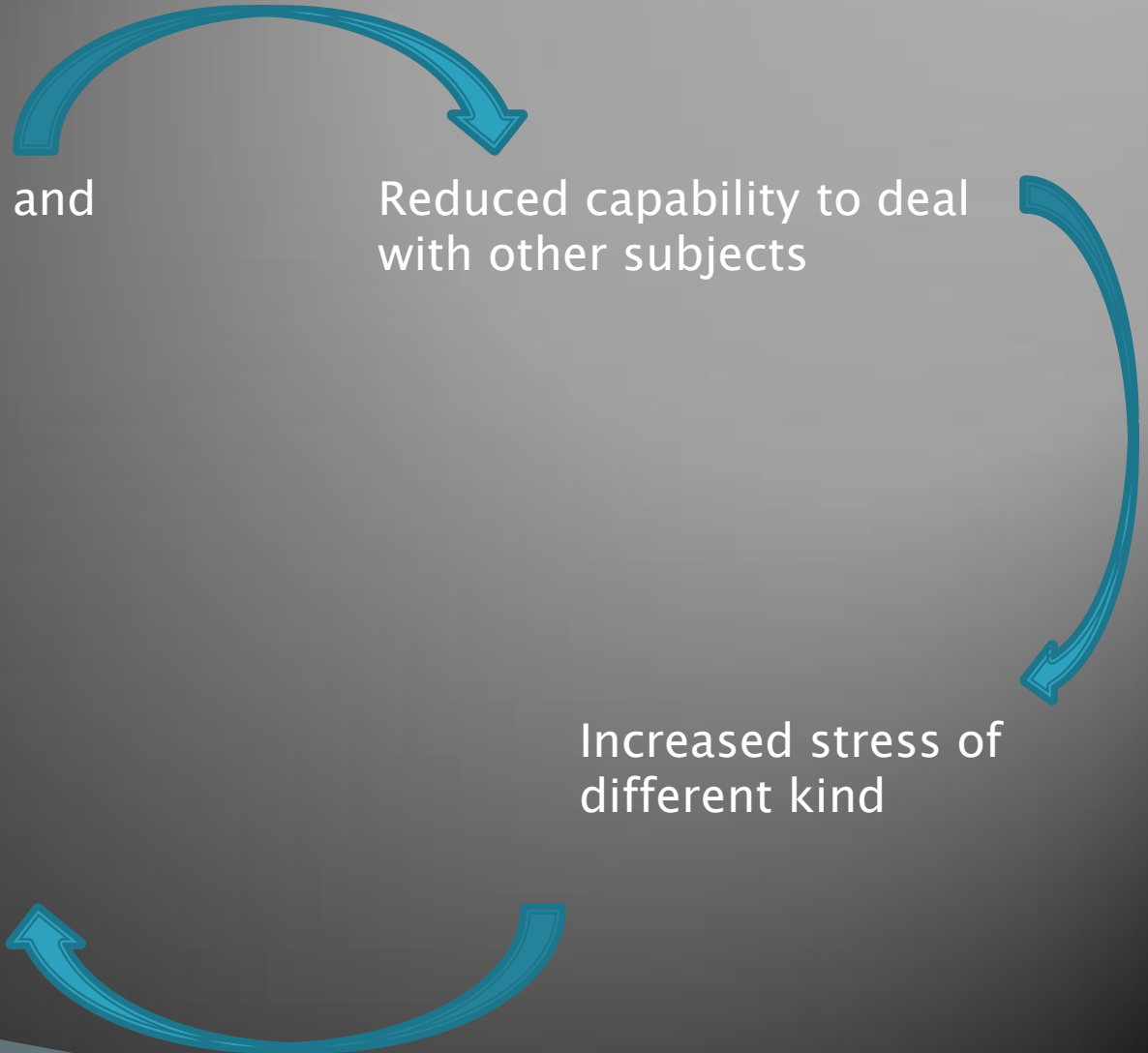
# Physical Education

Lack of physical activity and physical exercise

Reduced capability to deal with other subjects

Increased stress of different kind

Delicate being



# Physical Education

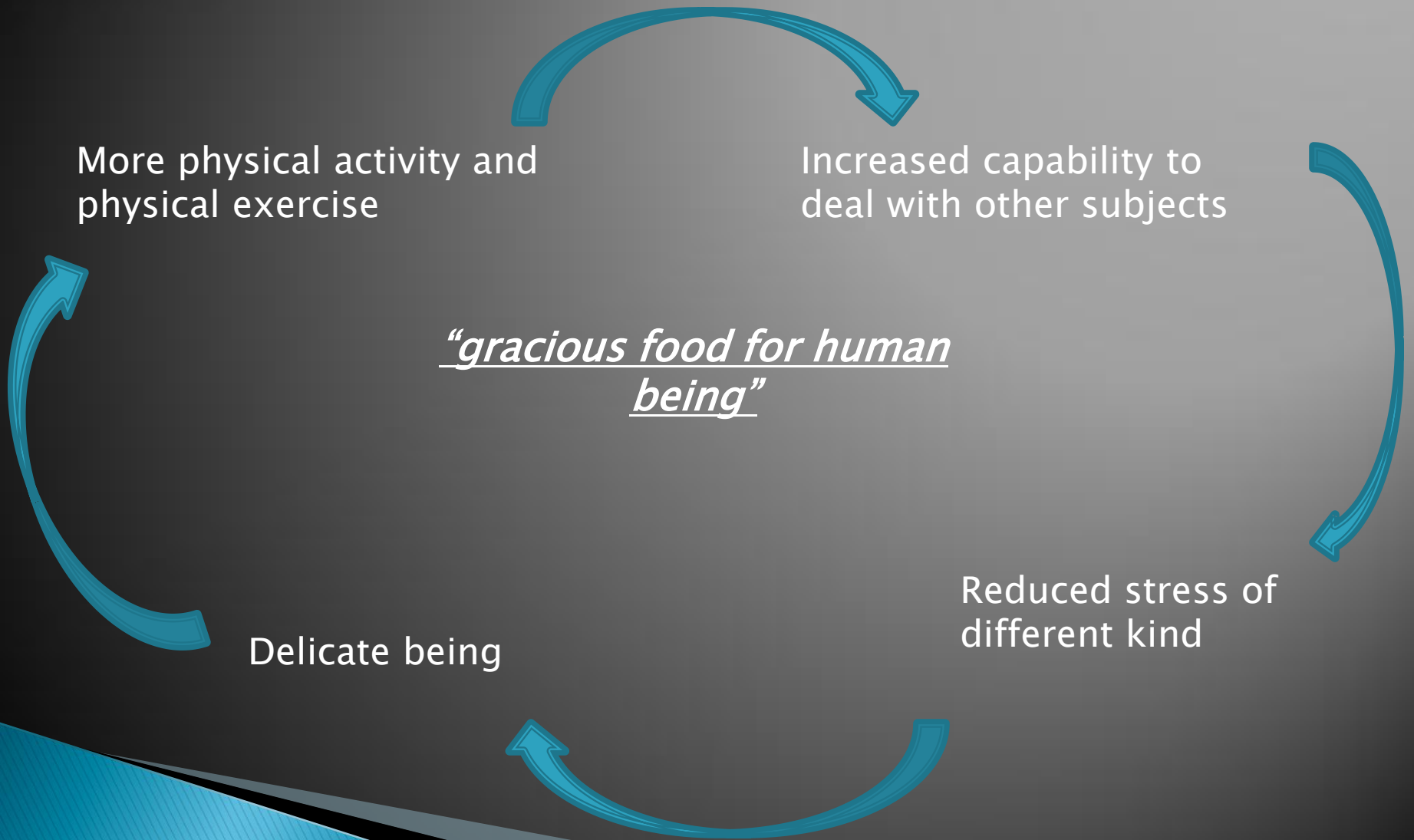
More physical activity and physical exercise

Increased capability to deal with other subjects

*“gracious food for human being”*

Reduced stress of different kind

Delicate being





# PHYSICAL CULTURE

<i>Elements</i>	<i>Physical Education</i>	<i>Sports</i>	
Purpose	education	agon/competition	
Target group	school age	athletes	
Main goal	basic elements	perfection	
Effects	developmental	upgrading	
Basic activity	Physical exercise		

# PHYSICAL CULTURE

<i>Elements</i>	<i>Physical Education</i>	<i>Sports</i>	<i>Physical Recreation</i>
Purpose	education	agon/competition	need
Target group	school age	athletes	recreationalists
Main goal	basic elements	perfection	sustainability
Effects	developmental	upgrading	maintaining
Basic activity	Physical exercise		

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Physical exercise		
Personality		

*“At the beginning there was  
movement and remained....  
primarily.... as exercise.”  
(M. Matic)*

# CONCLUSION

- ▶ Does anybody .... ?

- ▶ Do we ... ?



**Thank you**