

# TERMINOLOGICAL ANALYSIS OF MOVEMENT STRUCTURES IN DANCESPORT



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- ◉ *Dancesport is in esthetical terms the most attractive indoor sport without clearly defined terminology in Serbian language.*
- ◉ *The aim is terminological description of basic and derived elements of the standard and Latin American dances in our mother tongue.*
- ◉ *Characteristic dance elements used in dancesport were terminologically translated into Serbian language using literature in foreign languages as well as through application of terminology from related branches of sport.*
- ◉ *Terminological analysis of the movement structures on dancesport was presented in detail by means of analysis and use of the collected terms, dance elements and experience.*

# DANCESPORT

- ◉ Dancesport is competitive activity developed from social dance and it represents synthesis of sport and art.
- ◉ Dancesport is a highly organized competitive structure performed at the highest competitive level where dance is normed in relation to the set of specific rules with four disciplines involved:
- ◉ *The first discipline* are competitions in standard dances: *Waltz, Tango, Viennese waltz, Slow Fox and Quick Step.*
- ◉ *The second discipline* are competitions in Latin American dances: *Samba, Rumba, Cha-cha-cha, Paso Doble and Jive.*
- ◉ *The third discipline* is competition in all ten dances (5 ST and 5 LA).
- ◉ *The fourth discipline* is competition in formations (teams consisting of eight couples dancing ST and LA dances; it is scored observing the technique, shape forms, transitions, spatial coverage and musical interpretation).
- ◉ It may be stated that there is also the fifth discipline, Showdance competitions.

# TERMINOLOGY

- Terminology is the body of terms used with a particular technical application in a subject of study, profession, etc.
- Dancesport, as many other branches of sport, uses many anglicisms and what is very particular about it is the fact that it generally lacks adequate terminology in Serbian language, so it uses original terminology in English.
- Each sport uses its own terminological register for the purpose of easier understanding, work and training process. A large number of basic dance-related terms is described in this paper in Serbian language for the purpose of making contribution to the dancesport terminology in Serbian language.

# TERMINOLOGY IN DANCESPORT

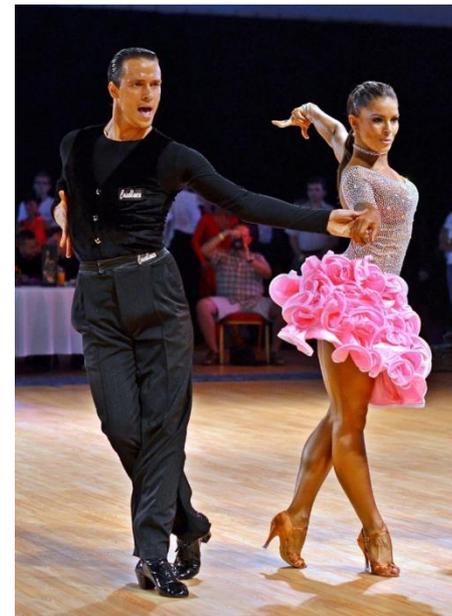
- ◉ **Subject** of this paper is dancesport terminology.
- ◉ **Aim** of this paper is establishing the terminology of the basic and derived dance elements in Serbian language.
- ◉ Dancesport technique is comprised of basic elements and complex dance structures.
- ◉ Each dance figure is determined by the following technical elements: number of steps, foot action, direction, quantity of turn, foot placement, timing, couple position, rotation, rise and fall, types of positions, inclinations and extensions.

# BASIC TERMS AND TECHNICAL ELEMENTS

- 1) *Step/Action* (korak/kretanje),
- 2) *Foot Placement* (postavljanje stopala),
- 3) *Alignment and Direction* (smjer i pravac),
- 4) *Quantity of turn* (količina okreta),
- 5) *Foot Action* (rad stopala),
- 6) *Timing* (ritmičko brojanje),
- 7) *Couple Position* (pozicija, odnos partnera),
- 8) *Rotation* (rotacije),
- 9) *Rise and Fall* (podizanje i spužtanje).

## POSITIONS IN DANCESPORT

- ◉ PP - *Promenade Position*
- ◉ CBMP - *Contrary body movement position*
- ◉ CBM - *Contrary body movement*



- ◉ *Step/Action, Foot Placement, The Swing Side Step, Drive Action, LOD – Line of Dance, Preparation Step, Brush, Chasse, Lock - Forward Lock and Backward Lock, Close, Crossing, Side leading, Timing, Couple Position*
- ◉ Rotation in dancesport may be divided into:
  - ✓ *Spot Rotation and Progressive Rotation*
- ◉ Turns may be performed in the following manners:
  - ✓ *Right turn - Left turn*
  - ✓ *Natural turn and Reverse turn*
- ◉ **Turns:** *Heel Turn, Heel, Pivot, Pivoting Action, Continuous Spin, Spin Turn, Twist Turn, Toe Pivot*
- ◉ **Quantity of turn** (količina okreta)

# POSITIONS IN ST DANCES



- ◉ *Closed Position*
- ◉ *Outside Partner Position*
- ◉ *Promenade Position*
- ◉ *Fallaway Position*
- ◉ *Counter Promenade Position*
- ◉ *Counter Fallaway Position*
- ◉ *Wing Position*
- ◉ *Right Angle Position*
- ◉ *Left Angle Position*



# SPECIFIC MOVEMENT STRUCTURES IN STANDARD DANCES

- ◉ *Waltz - natural turn, reverse turn, whisk, chasse from promenade position, backward and forward lock step, hesitation change etc.*
- ◉ *Tango - walk, progressive side step, progressive link, closed promenade, back corte, rock turn, open promenade etc.*
- ◉ *Viennese waltz - natural turn, reverse turn, natural fleckerl, contra check etc.*
- ◉ *Slow Fox- feather step, three step, natural turn, reverse turn, change of direction, natural weave etc.*
- ◉ *Quick Step - back lock and forward lock, natural turn, natural pivot turn, natural spin turn etc.*

# POSITIONS IN LA DANCES



- ◉ *Close Hold*
- ◉ *Open Position*
- ◉ *Fallaway Position*
- ◉ *Promenade Position*
- ◉ *Open Fallaway Position*
- ◉ *Counter Promenade Position*
- ◉ *Open Promenade Position*
- ◉ *Shadow Position*



# SPECIFIC MOVEMENT STRUCTURES IN LATIN AMERICAN DANCES

- ◉ Cha-cha-cha - *chasse, basic in place, back lock, forward lock, time step, new york, hand to hand, spot turns, fan, hockey stick etc.*
- ◉ Samba - *whisk, samba walks, rhythm bounce, volta movements, samba locks, travelling bota fogos etc.*
- ◉ Rumba - *basic movements in place, cucarachas, fan, new york, hand to hand, side step, spot turns etc.*
- ◉ Paso Doble - *sur place, chasses to right or left, drag, displacement, promenade link etc.*
- ◉ Jive - *basic in place, fallaway rock, fallaway throw away, link & link rock, change of places, etc.*

# CONCLUSION

- ◉ One of the main issues we are facing in this branch of sport is terminology in our mother tongue.
- ◉ There is no adequate terminology of dancesport in Serbian language, but it heavily relies on foreign terms which is partially acceptable, but also partially unacceptable.
- ◉ Analysis of movement structure in dancesport was presented using specific terms, expressions and dance experience, it was shaped and defined in line with the local language.
- ◉ Certain dance terms have retained their form because authenticity would be lost in translation.
- ◉ Consequently, upon performed analysis of the dance-related terminology two conclusions have been reached:
  - ✓ Anglicisms exert less negative influence when used with the aim of preserving authenticity of the steps with variety of applications.
  - ✓ On the other hand, too large and unnecessary number of foreign words is being introduced to the mother tongue for unjustifiable reasons due to lack of knowledge in terminology of other related sport branches in Serbian language.
- ◉ Without adequate literature dealing with terminology and defining the dance structures in Serbian language new research should be focused on combining the foreign authentic terms through terminological descriptions in Serbian language.