

THE 8th INTERNATIONAL CONFERENCE

"ANTHROPOLOGICAL AND TEO-ANTHROPOLOGICAL VIEWS ON PHYSICAL ACTIVITY FROM THE TIME OF CONSTANTINE THE GREAT TO MODERN TIMES"

MOTOR SKILLS OF FOOTBALLERS AND HANDBALL PLAYERS - A SYSTEMATIC REVIEW

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Introduction



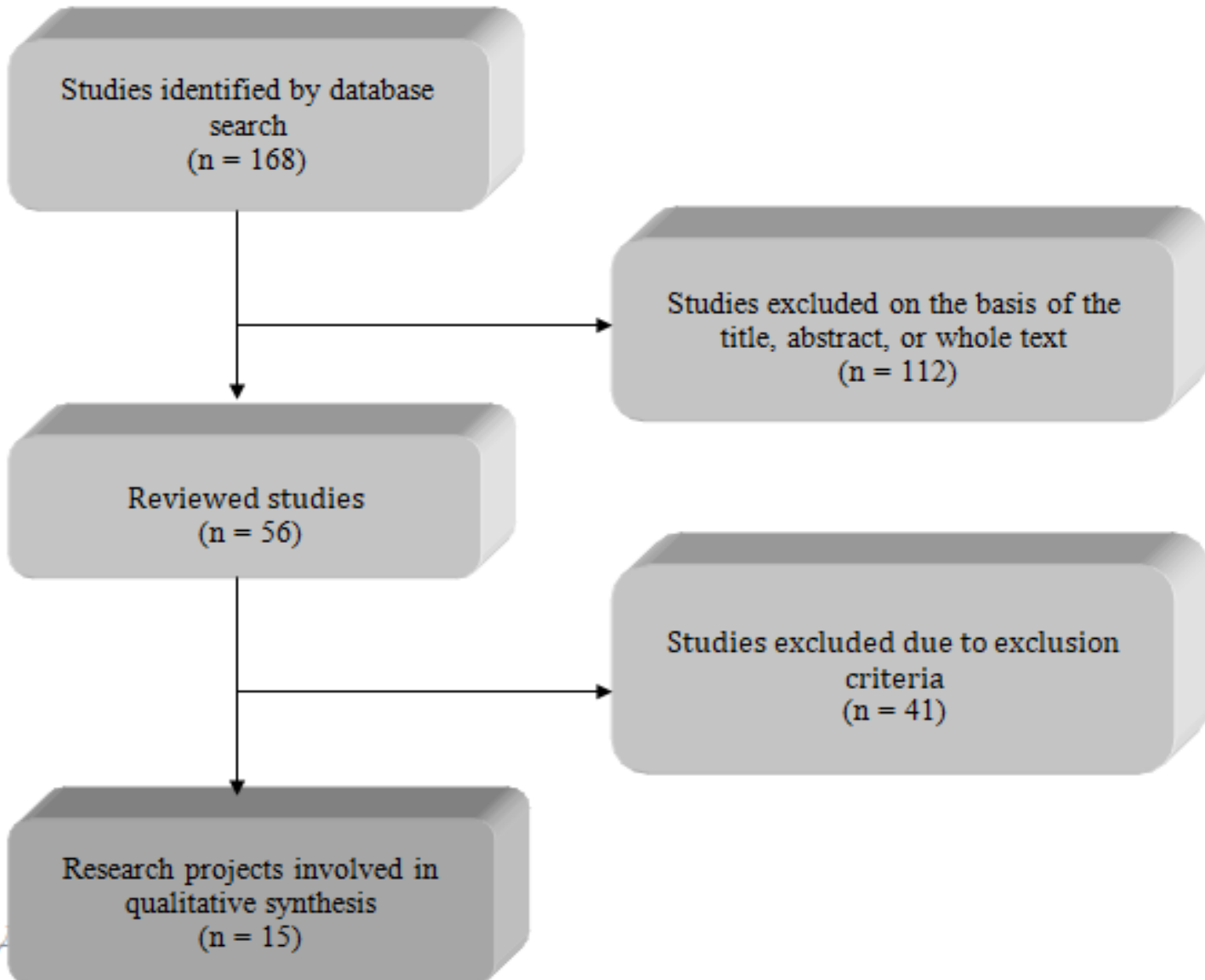
• Handball

• Football

• Motor skills



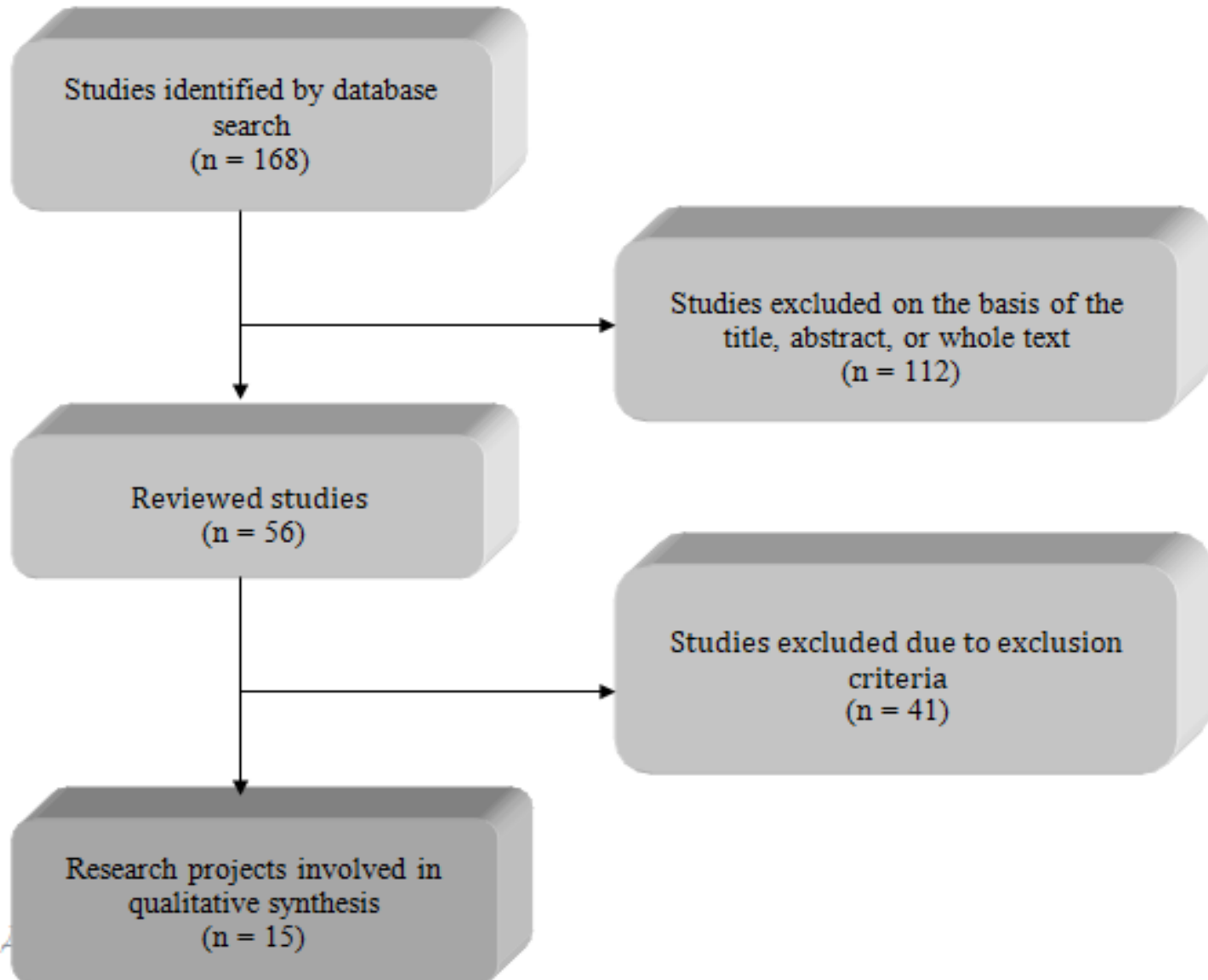
Methods



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Results of the systematic review



Conclusion



- Differences in motor skills
- Inadequate development of non-dominant motor skills
- A small number of works of the development of non-dominant motor skills
- Sample of respondents

Recommendation



LIMITATION





Thank you for your attention!