

EVALUATION OF THE SPORTS PROGRAMS AT UNIVERSITY OF LJUBLJANA BY INCOMING STUDENTS IN THE ERASMUS EXCHANGE PROGRAM

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OVERVIEW

1 | About Erasmus+ programme

2 | Methods

3 | Findings

4 | Conclusion

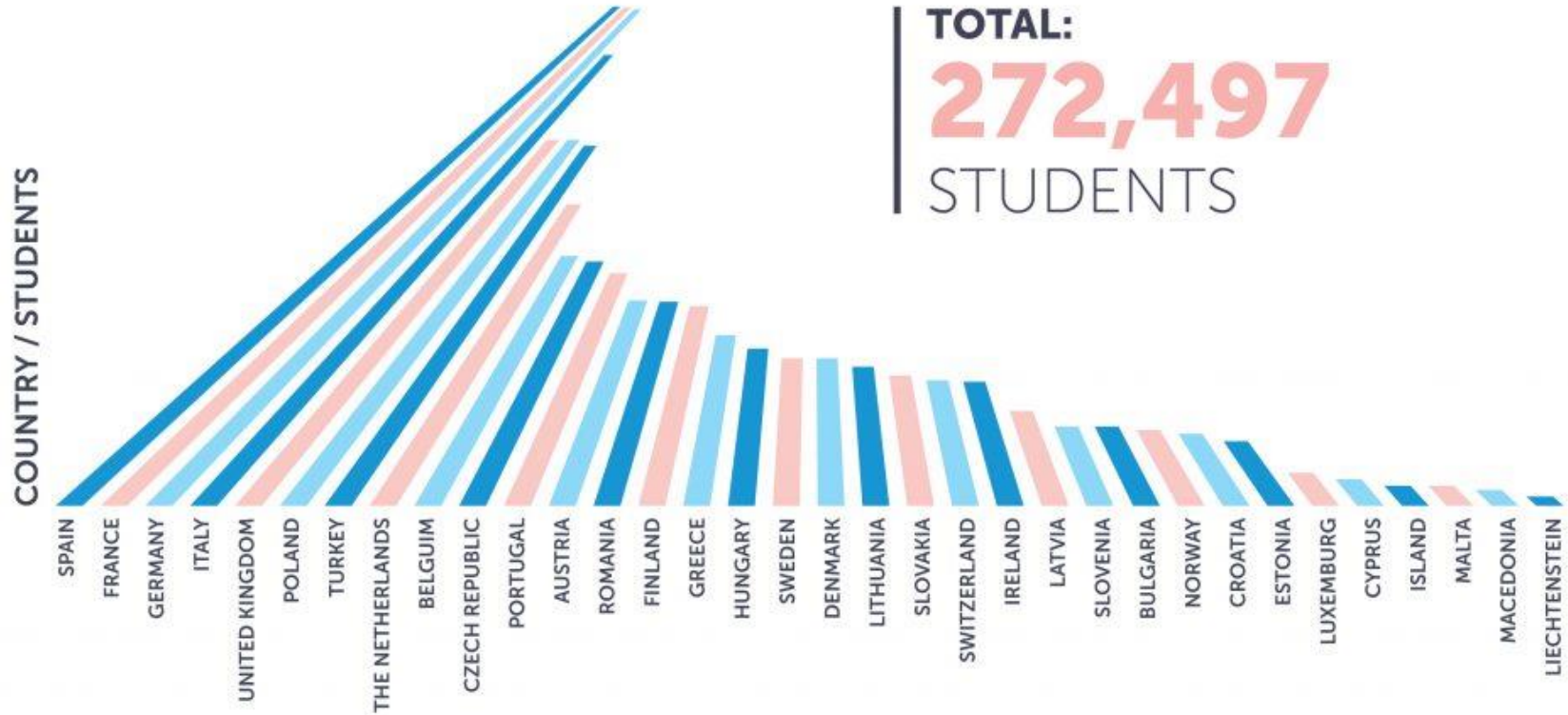
1. ABOUT ERASMUS+

Erasmus+ programme:

- over 30 years (1987)
- one of the most visible educational programme which is financed by the European Union (EU)
- allows students to complete part of their study obligations at partner universities abroad
- over 3 m students in more than 4000 universities from 33 countries
- budget 2014 – 2020 = 14,7 billion €



Erasmus Students by Country of Origin



ESTASMUS⁺ IN SLOVENIA

Slovenia joined the program in 1999 with 12 foreign students.

In 2017, more than 3,500 foreign students were already included in the programs of three public universities.

The number of foreign students is constantly increasing.

There are more women (60 %) than men (40%).

2. METHODS



169 foreign students



38 countries



Questionnaire (22)



Study year 2019/20



SPSS

3. FINDINGS

73 male and 89 female

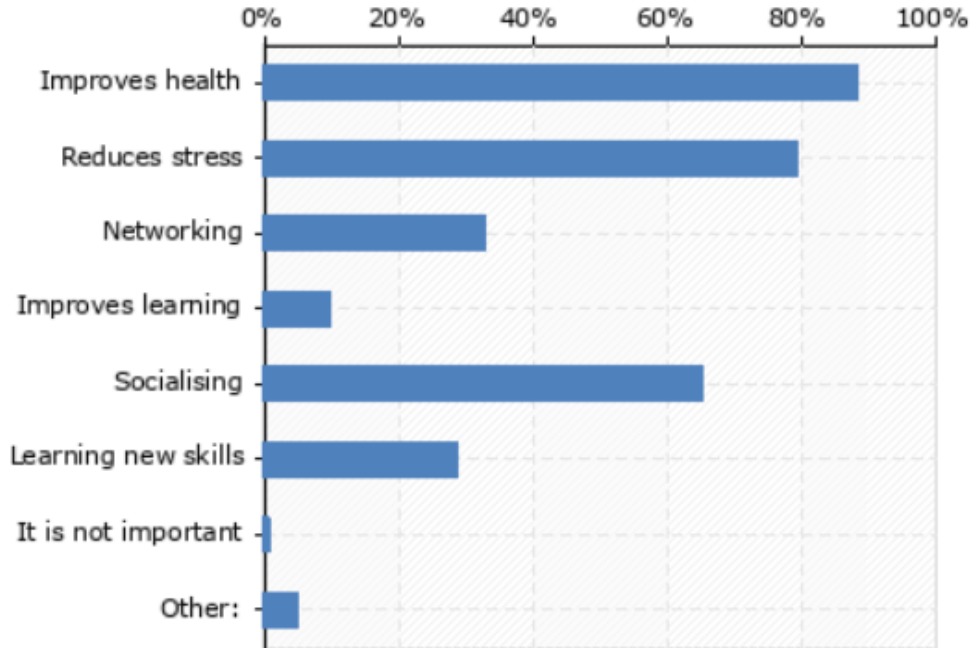
22,3 years old (Std. Deviation 2,17)

172,7 cm (Std. Deviation 9,91)

67 kg (Std. Deviation 12,34 kg)

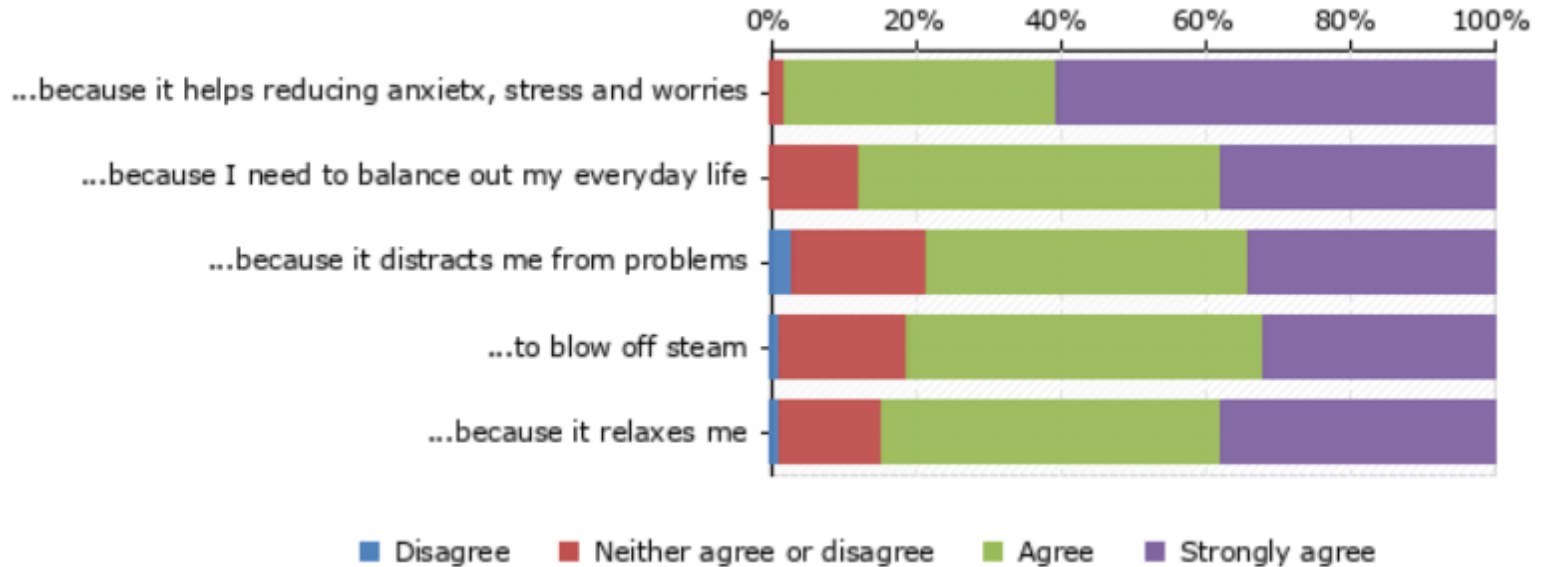
3. FINDINGS

Why is physical activity important?



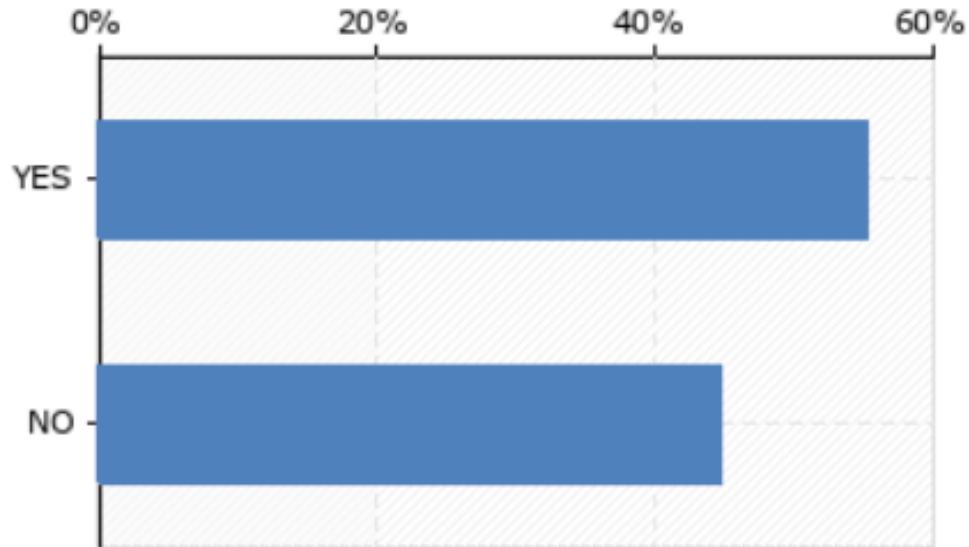
3. FINDINGS

Doing sport is good...



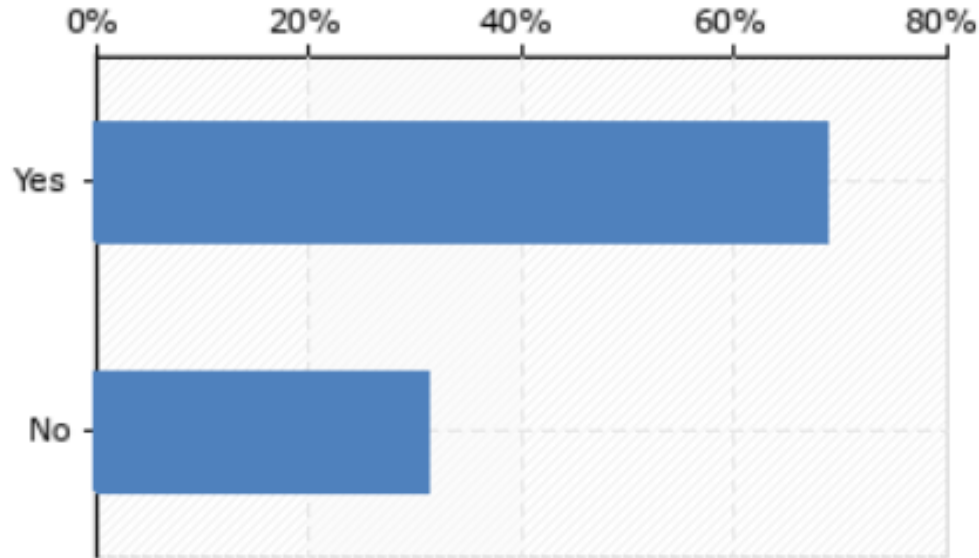
3. FINDINGS

Did you ever train sport professionally in a club?



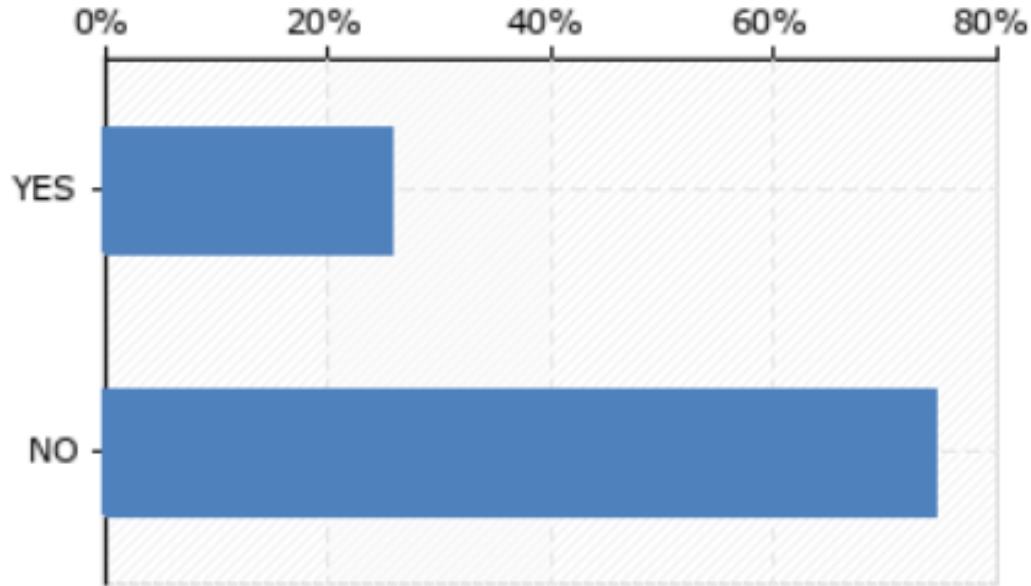
3. FINDINGS

Do you have any type of PE at your university?



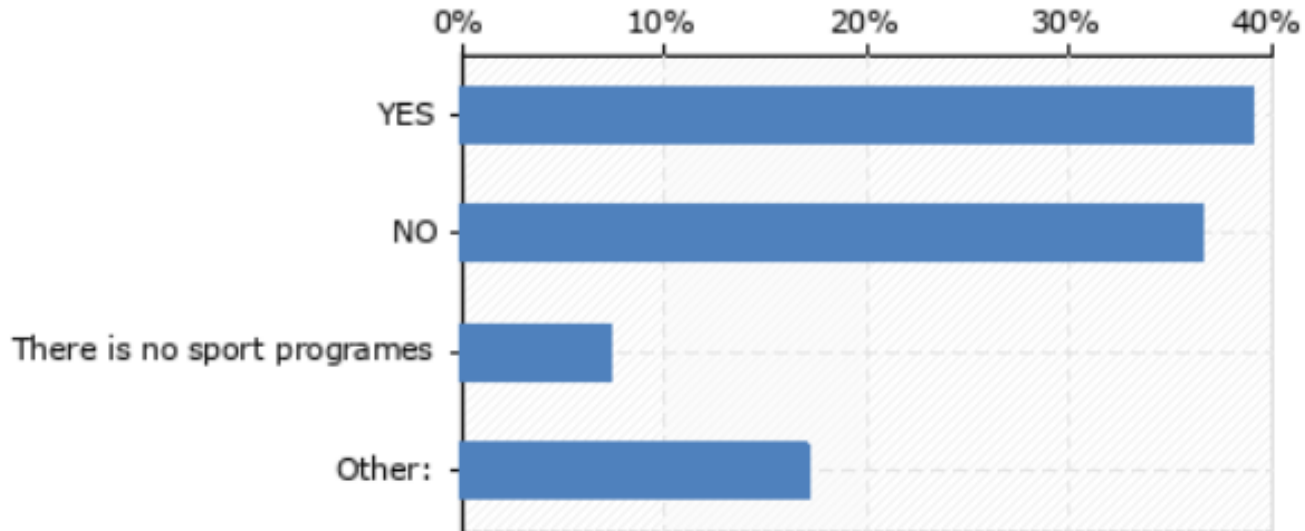
3. FINDINGS

Is PE compulsory to complete studies?



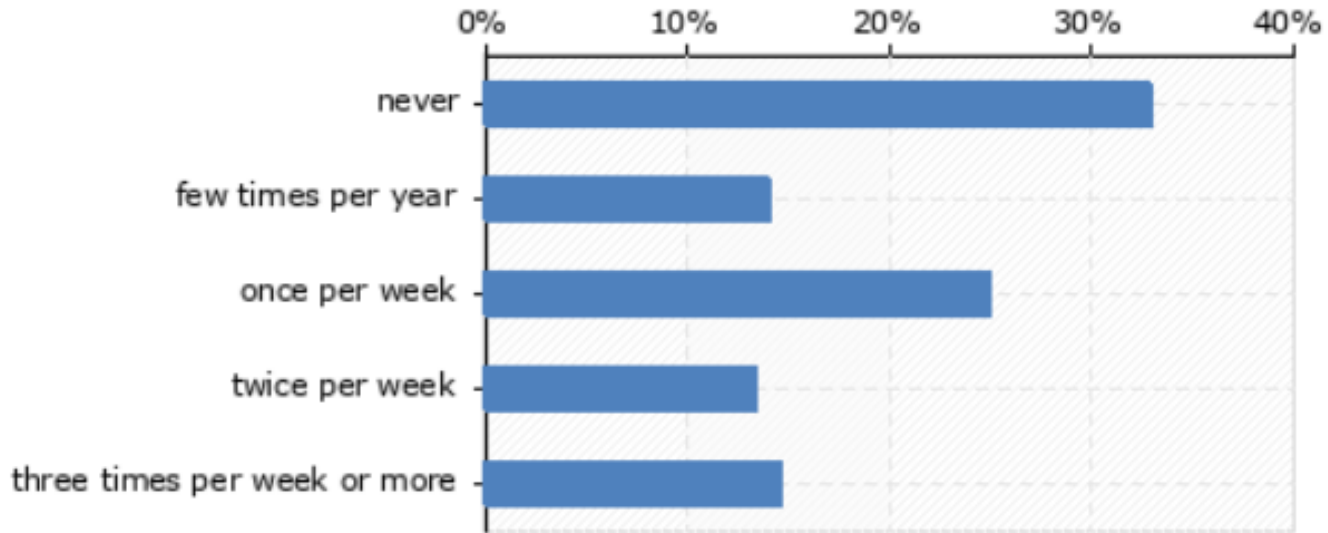
3. FINDINGS

Do you have to pay to participate?



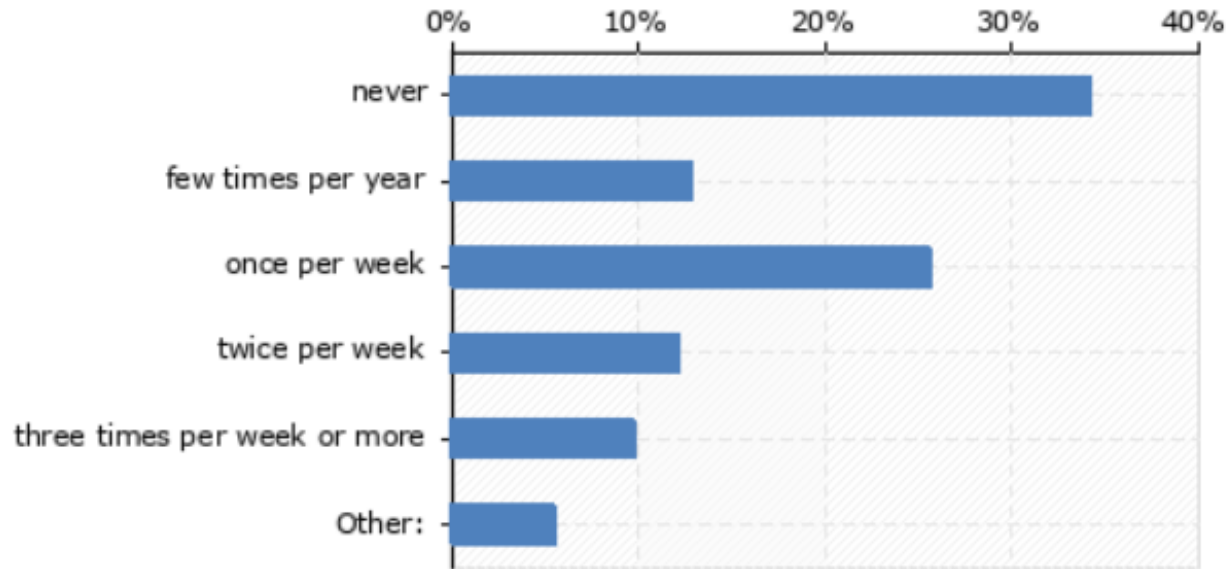
3. FINDINGS

How often were you active at your faculty or university?



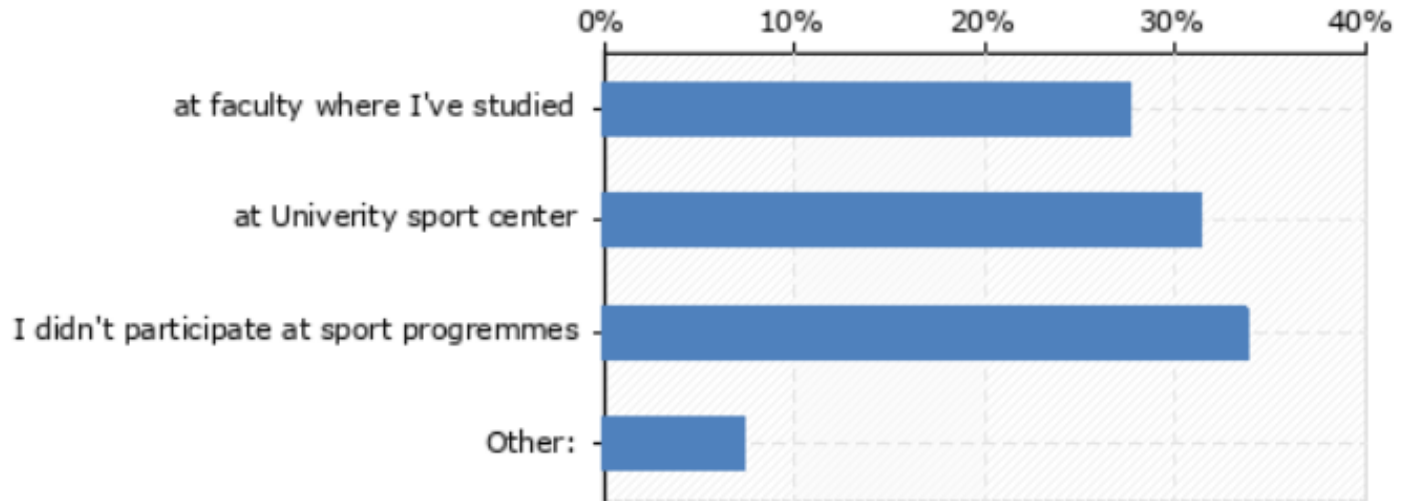
3. FINDINGS

How often were you active in Slovenia?



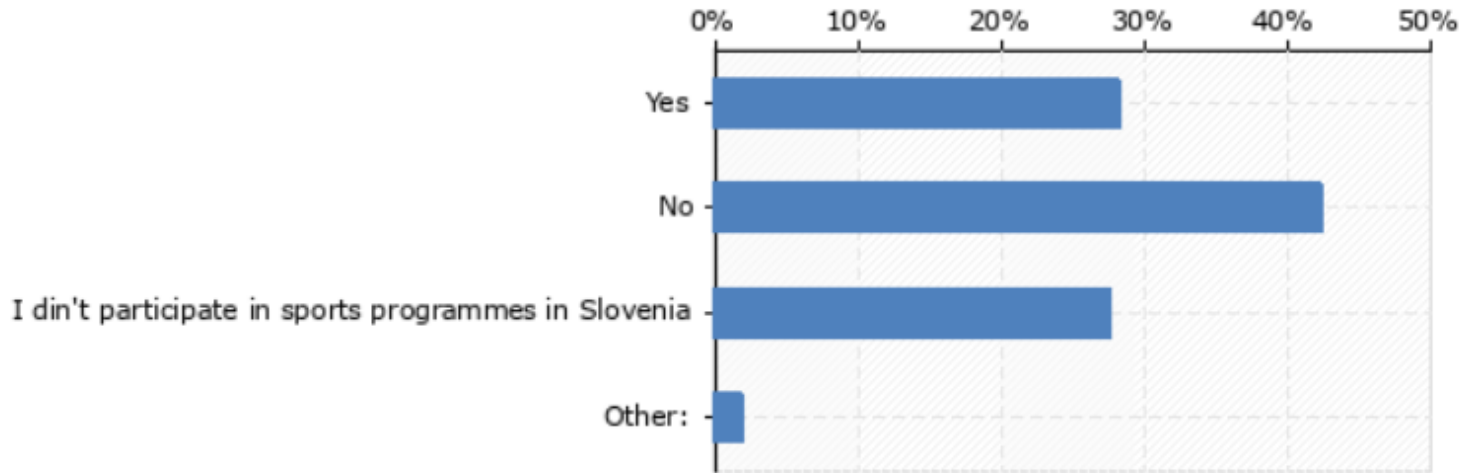
3. FINDINGS

Where did you participate at sports programmes in Slovenia?



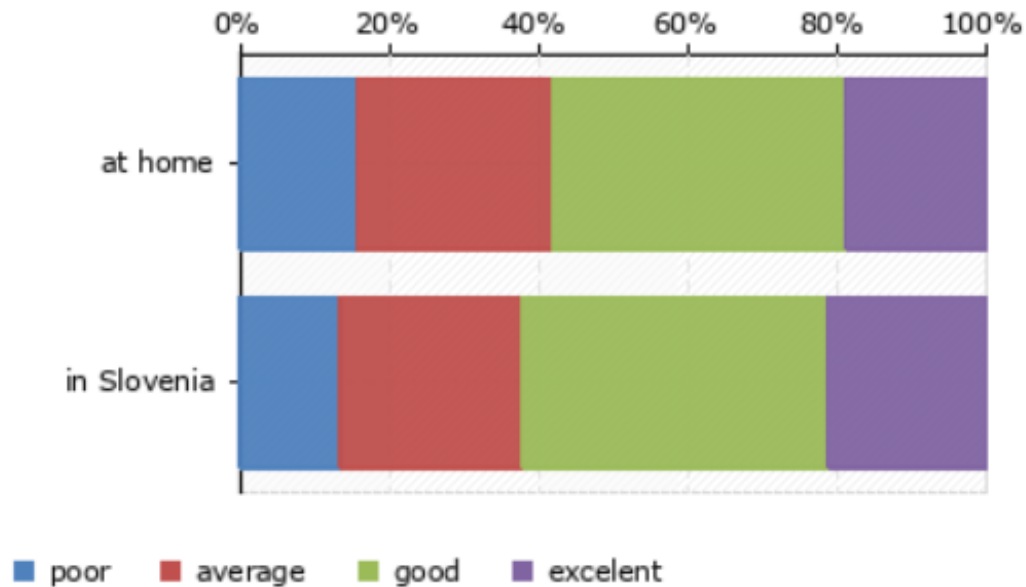
3. FINDINGS

Did you have to pay to participate in sports programmes in Slovenia?



3. FINDINGS

Rate your sports programmes



4. CONCLUSION

- Habits remain.
- Students, that were physically active at home, were active also during Erasmus exchange programs.
- Interventions are need to include inactive students (obligation!).
- Programmes in Slovenia slightly were better than the ones that they have at home.

THANK YOU FOR YOUR ATTENTION
